

# Memory Cafés

## What is a Memory Café?

A welcoming social gathering where people experiencing cognitive challenges and the people who care about them come together for friendship, fun, and acceptance.

## Who Can Attend?

Both the person living with a cognitive decline, Alzheimer's Disease, or related dementias, along with their primary caregiver or a loved one.

## What Happens There?

At a memory café, we focus on bringing people together and meeting new friends through socializing, interaction, and activities.

### Alachua County

- » **Thursday Tuesday of Each Month | 10 :30- 11:30 a.m. | Next Meeting: May 19**  
The Gables of Gainesville (1415 Fort Clarke Blvd., Gainesville, FL)

### Duval County

- » **Fourth Wednesday of Each Month | 10 - 11 a.m. | Next Meeting: May 27**  
Beach House Assisted Living and Memory Care (1315 2nd Ave N, Jacksonville Beach, FL)

### Levy County

- » **Second Tuesday of Each Month | 11 a.m. - 12 p.m. | Next Meeting: May 12**  
Haven Hospice Community Building (311 NE 9th St, Chiefland, FL)

### St. Johns County

- » **Second Friday of Each Month | 1 - 3 p.m. | Next Meeting: May 8**  
Island University - Island Doctors (2477 US-1, St. Augustine, FL)  
(Next to the Haven Hospice Attic Resale Store)

Refreshments will be provided. Please RSVP to Anita Howard at 352.215.7465 or [Anita.Howard@HavenHospice.com](mailto:Anita.Howard@HavenHospice.com)

