



# Dementia Caregiver Support Groups: March 2026

If you are caring for a loved one with a dementia-related diagnosis and need some additional education and support, please join us. The topic will be "**Nutrition and Brain Health**"  
Please RSVP to Anita Howard at 352.215.7465 or [Anita.Howard@HavenHospice.com](mailto:Anita.Howard@HavenHospice.com)

## Online Meeting

Second Monday of Each Month | 5 - 6 p.m. | **Next Meeting: March 9**

Email Anita Howard at [Anita.Howard@HavenHospice.com](mailto:Anita.Howard@HavenHospice.com) for a link to the meeting, or visit [HavenHospice.com/Dementia](https://HavenHospice.com/Dementia) and find the link under "Upcoming Online Support Group"



## Alachua County

- » Second Tuesday of Each Month | 4 - 5 p.m. | **Next Meeting: March 10**  
Alachua County Library District, Alachua Branch (14913 NW 140 St., Alachua, FL)
- » Second Wednesday of Each Month | 3 - 4 p.m. | **Next Meeting: March 11**  
Senior Recreation Center, Eldercare of Alachua County (5701 NW 34th Blvd, Gainesville, FL)

## Clay County

- » First Tuesday of Each Month | 6 - 7 p.m. | **Next Meeting: March 3**  
Canterfield of Clay County (1611 Winners Circle, Theatre Room - 3rd Floor, Middleburg, FL)
- » Third Tuesday of Every Other Month | 5:30 - 6:30 p.m. | **Next Meeting: March 17**  
Seagrass Village (1949 East West Parkway, Fleming Island, FL)
- » Fourth Thursday of Each Month | 5:30 - 6:30 p.m. | **Next Meeting: March 26**  
Allegro Senior Living - Fleming Island (3651 US Hwy 17, Fleming Island, FL)

## Duval County

- » Second Tuesday of Each Month | 10 - 11 a.m. | **Next Meeting: March 10**  
Riverside Post Acute (1750 Stockton St. Jacksonville, FL)
- » Second Tuesday of Every Other Month | 3 - 4 p.m. | **Next Meeting: March 10**  
The Gables of Jacksonville (3455 San Pablo Rd S, Jacksonville, FL)
- » Second Wednesday of Each Month | 3 - 4 p.m. | **Next Meeting: March 11**  
Camellia at Deerwood (10061 Sweetwater Parkway Jacksonville, FL)
- » Third Tuesday of Each Month | 4:30 - 5:30 p.m. | **Next Meeting: March 17**  
The Windsor at Ortega (5939 Roosevelt Blvd., Jacksonville, FL)
- » Third Wednesday of Each Month | 1 - 2 p.m. | **Next Meeting: March 18**  
Starling at San Jose Assisted Living and Memory Care (9075 San Jose Blvd., Jacksonville, FL)

(Duval Continued on Next Page)

## Duval County (Continued)

- » Fourth Tuesday of Each Month | 6 - 7 p.m. | **Next Meeting: March 24**  
Bartram Lakes Assisted Living Facility (6209 Brooks Bartram Dr., Jacksonville, FL)
- » Last Wednesday of Each Month | 5:30 - 6:30 p.m. | **Next Meeting: March 25**  
Grand Living at Tamaya - "Studio Room" on the 4th floor (3270 Tamaya Blvd., Jacksonville, FL)
- » Last Thursday of Each Month | 5 - 6 p.m. | **Next Meeting: March 26**  
The Canopy at Duval Station (1035 Starratt Rd, Jacksonville, FL 32218)

## Gilchrist County

- » Fourth Tuesday of Each Month | 2 - 3p.m. | **Next Meeting: March 24 -- "Coffee and Conversation"**  
Tri-County Nursing Home (7280 SW State Rd 26, Trenton, FL)

## Hamilton County

- » Third Thursday of Each Month | 3 - 4 p.m. | **Next Meeting: March 19**  
Suwannee Valley Nursing Center (427 15th Ave NW, Jasper, FL)

## Putnam County

- » Third Thursday of Each Month | 3 - 4 p.m. | **Next Meeting: March 19**  
Vintage Care of Palatka (203 S Moody Rd, Palatka, FL)

## St. Johns County

- » First Wednesday of Each Month | 12 - 1:30 p.m. | **Next meeting: March 4**  
Starling at Ponte Vedra (405 Solano Rd., Ponte Vedra, FL)
- » Second Thursday of Each Month | 4 - 5 p.m. | **Next Meeting: March 12**  
Starling at Nocatee Assisted Living and Memory Care (999 Crosswater Pkwy, Ponte Vedra, FL)
- » Third Wednesday of Each Month | 10:30 - 11:30 a.m. | **Next Meeting: March 18**  
The Blake at St. Johns - Theatre Room on the 2nd Floor (2430 County Rd 210, St. Johns, FL)
- » Third Wednesday of Each Month | 1 - 2 p.m. | **Next Meeting: March 18**  
The Addison of St. Johns (115 Benton Lane, St. Augustine, FL)
- » Fourth Tuesday of Each Month | 2 - 3 p.m. | **Next Meeting: March 24**  
Senior Living at the Greens (4950 State Rd. 16, St. Augustine, FL)
- » Fourth Tuesday of Each Month | 4 - 5 p.m. | **Next Meeting: March 24**  
Ponte Vedra Gardens Memory Care Community - TPC Room (5125 Palm Valley Road, Ponte Vedra Beach, FL)