



Dementia Caregiver Support Groups: January 2026

If you are caring for a loved one with a dementia-related diagnosis and need some additional education and support, please join us. The topic will be **“Self-Care for Caregivers.”**

Please RSVP to Anita Howard at 352.215.7465 or Anita.Howard@HavenHospice.com

Online Meeting

Second Monday of Each Month | 5 - 6 p.m. | **Next Meeting: January 12**

Email Anita Howard at Anita.Howard@HavenHospice.com for a link to the meeting, or visit HavenHospice.com/Dementia and find the link under “Upcoming Online Support Group”



Alachua County

» **Second Tuesday of Each Month | 4 - 5 p.m. | Next Meeting: January 13**

Alachua County Library District, Alachua Branch (14913 NW 140 St., Alachua, FL)

» **Second Wednesday of Each Month | 3 - 4 p.m. | Next Meeting: January 14**

Senior Recreation Center, Eldercare of Alachua County (5701 NW 34th Blvd, Gainesville, FL)

Clay County

» **First Tuesday of Each Month | 6 - 7 p.m. | Next Meeting: January 6**

Canterfield of Clay County (1611 Winners Circle, Theatre Room - 3rd Floor, Middleburg, FL)

» **Third Tuesday of Every Other Month | 5:30 - 6:30 p.m. | Next Meeting: January 20**

Seagrass Village (1949 East West Parkway, Fleming Island, FL)

» **Fourth Thursday of Each Month | 5:30 - 6:30 p.m. | Next Meeting: January 22**

Allegro Senior Living - Fleming Island (3651 US Hwy 17, Fleming Island, FL)

Duval County

» **Second Tuesday of Each Month | 10 - 11 a.m. | Next Meeting: January 13**

Riverside Post Acute (1750 Stockton St. Jacksonville, FL)

» **Second Tuesday of Every Other Month | 3 - 4 p.m. | Next Meeting: January 13**

The Gables of Jacksonville (3455 San Pablo Rd S, Jacksonville, FL)

» **Third Tuesday of Each Month | 3 - 4 p.m. | Next Meeting: January 20**

Camellia at Deerwood (10061 Sweetwater Parkway Jacksonville, FL)

» **Third Tuesday of Each Month | 4:30 - 5:30 p.m. | Next Meeting: January 20**

The Windsor at Ortega (5939 Roosevelt Blvd., Jacksonville, FL)

» **Third Wednesday of Each Month | 1 - 2 p.m. | Next Meeting: January 21**

Starling at San Jose Assisted Living and Memory Care (9075 San Jose Blvd., Jacksonville, FL)

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Duval County (Continued)

- » **Fourth Tuesday of Each Month | 6 – 7 p.m. | Next Meeting: January 27**
Bartram Lakes Assisted Living Facility (6209 Brooks Bartram Dr., Jacksonville, FL)
- » **Fourth Wednesday of Each Month | 3 - 4 p.m. | Next Meeting: January 28**
Beach House Assisted Living and Memory Care (1315 2nd Ave N., Jacksonville Beach, FL)
- » **Last Wednesday of Each Month | 5:30 - 6:30 p.m. | Next Meeting: January 28**
Grand Living at Tamaya - “Studio Room” on the 4th floor (3270 Tamaya Blvd., Jacksonville, FL)
- » **Last Thursday of Each Month | 5 - 6 p.m. | Next Meeting: January 29**
The Canopy at Duval Station (1035 Starratt Rd, Jacksonville, FL 32218)

Gilchrist County

- » **Fourth Tuesday of Each Month | 4 - 5 p.m. | Next Meeting: January 27**
Tri-County Nursing Home (7280 SW State Rd 26, Trenton, FL)

Hamilton County

- » **Third Thursday of Each Month | 3 - 4 p.m. | Next Meeting: January 15**
Suwannee Valley Nursing Center (427 15th Ave NW, Jasper, FL)

Levy County

- » **First Tuesday of Each Month | 3 - 4 p.m. | Next Meeting: January 6**
Haven Hospice Tri-Counties Care Center, Admin. Building (311 N.E. 9th St., Chiefland, FL)

Putnam County

- » **Third Thursday of Each Month | 3 - 4 p.m. | Next Meeting: January 15**
Vintage Care of Palatka (203 S Moody Rd, Palatka, FL)

St. Johns County

- » **First Wednesday of Each Month | 12 – 1:30 p.m. | Next meeting: January 7**
Starling at Ponte Vedra (405 Solano Rd., Ponte Vedra, FL)
- » **Second Thursday of Each Month | 4 - 5 p.m. | Next Meeting: January 8**
Starling at Nocatee Assisted Living and Memory Care (999 Crosswater Pkwy, Ponte Vedra, FL)
- » **Third Wednesday of Each Month | 10:30 -11:30 a.m. | Next Meeting: January 21**
The Blake at St. Johns – Theatre Room on the 2nd Floor (2430 County Rd 210, St. Johns, FL)
- » **Third Wednesday of Each Month | 1 - 2 p.m. | Next Meeting: January 21**
The Addison of St. Johns (115 Benton Lane, St. Augustine, FL)
- » **Fourth Tuesday of Each Month | 2 - 3 p.m. | Next Meeting: January 27**
Senior Living at the Greens (4950 State Rd. 16, St. Augustine, FL)
- » **Fourth Tuesday of Each Month | 4 - 5 p.m. | Next Meeting: January 27**
Ponte Vedra Gardens Memory Care Community - TPC Room (5125 Palm Valley Road, Ponte Vedra Beach, FL)