



Coffee and Grief

Haven's Healing Hearts Grief Support Group

After the loss of a loved one, coping with daily living can be hard. Knowing you are not alone in your difficult journey can make all the difference. Haven Hospice is offering a support program for adults who have experienced a loss.

Group sessions with our caring grief experts are held quarterly on Saturday mornings for the Lake City community. Our sessions are non-denominational and offered at no cost. Coffee and light refreshments will be provided.

April 20, July 20, October 26 | 9 to 10 a.m.

Haven's Suwannee Valley Hospice Care Center

Community Room

6037 W US Highway 90, Lake City

1.844.LIGHTEN | BeYourHaven.org/Bereavement