A Special Book for You







Haven helps people who are very sick. Haven helps their families too.

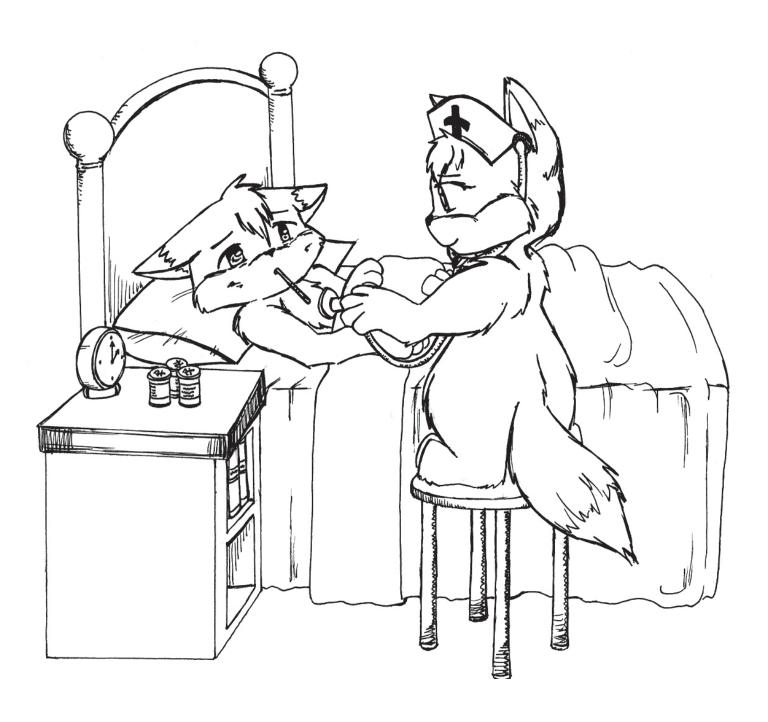


Let's draw a picture of your family.





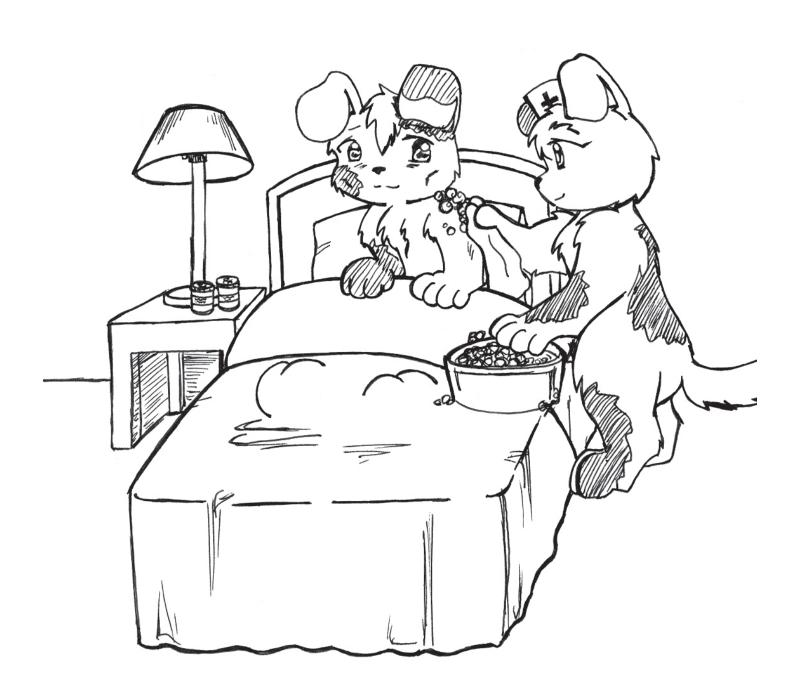
Our nurses come to check on the sick person and see how he or she is feeling.





Counselors and chaplains come to talk to and listen to you and your family.

Our Hospice Care Aides may come to help with a bath.



Who is sick in your family? Draw a picture here.





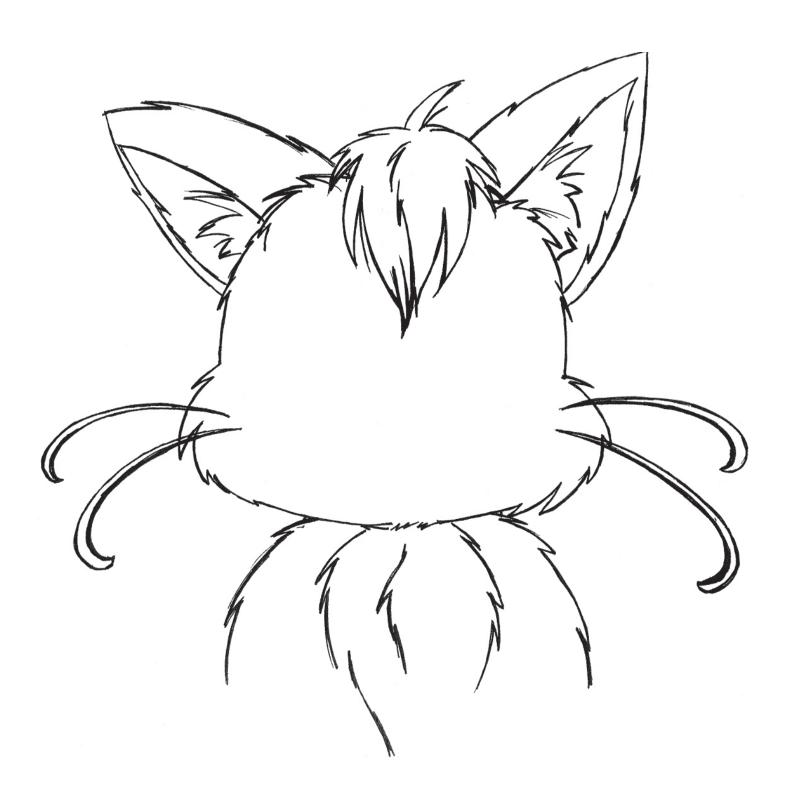


When someone is very sick, he or she may begin to look or act differently.

You may have lots of different feelings, too. What feelings or worries do you have?



How do you feel today?

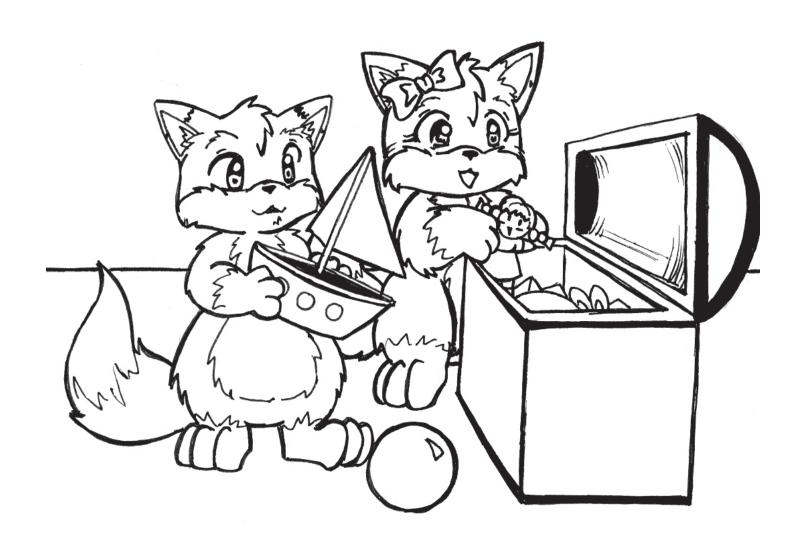




Family members may have different feelings, too.



When someone is very sick, you can try to help out, too. You could bring him or her water or flowers, or draw him or her a picture.



You can help by picking up your toys...

You can help with chores...



What other things can you do?







Talking helps, too. Talk with your family. Haven people are also here to listen.



A special thank you to our illustrator, Rachel Jernigan, for creating our little friends.

> Layout & Design by: Patricia Overton paographics.com





If you need further support or have questions, please contact your social worker or our Healing Hearts program at 1.844.LIGHTEN or visit BeYourHaven.org.